

Personal Details

Name and Surname: Sevgi Guney

Phones: +903123624404 (W)

05334587034 (GSM)

Date of Birth: August 21, 1965

Date of Place: Izmir / TÜRKİYE

Marital Status: Single

USA Visa: 12 September 2014 (expiration date)

Australian Visa: 8 September 2013 (expiration date)

Current Duties and Past Duties

Academic Specialist in Psychological Counselling Unit, Department of Psychological Services in Education, Faculty of Educational Sciences, Ankara University (Feb 2005-onwards) http://www.education.ankara.edu.tr/?bil=bil_icerik&icerik_id=295

- Responsible for all academical and administrative Works including activation and publicity of the Unit
- Prospective and retrospective research on trauma, suicide, preventive mental health area
- Psychological counselling for university students, with both individual and group sessions
- Conduct collaborative studies with the other university departments; lectures, consultations including individual and group.
- Giving lectures in Department as a guest lecturer of the Faculty on Crisis,
 Psychopathology and Psychological traumas

Academic Specialist/ Clinical Psychologist/ (Feb 1993- Feb 2005) Psychiatric Crisis Intervention Center of Ankara University

 Crisis Intervention Consultations under the supervision to both psychiatric patients from Psychiatry Department of Ankara Medicine School and People in Crisis, and suffering from psychological traumas such as rape, sexual assaults, domestic violence etc. and Suicide attempts.

- Prospective and retrospective research on psychiatric crisis, trauma, suicide, preventive mental health area
- Active Participation in The scientific Congress and conferences in native and foreign countries

Academic Specialist/Clinical Psychologist in Psychiatry Department&Hospital, Ankara Medicine Faculty, Ankara University (Aug 2002-June 2004 and Nov. 1999-May 2001)

- Aug 2002-June 2004 The psychological assessment, psychological reports of the in-out patients of the Adolescent Clinic of Psychiatry Department&Hospital, Ankara Medicine Faculty, Ankara University
- Nov 1999-May 2001 The psychological assessment, psychological reports, psychotherapeutic consultations, interventions in the Psychosis and adult clinic of the Psychiatry Department&Hospital, Ankara Medicine Faculty, Ankara University

Publications

Book Chapter(in English and in Turkish)

Guney, S. (2010) "Aile Yaşam Döngüsü (Family Life Cycle)", Romantik İlişkiler, Evlilik ve Ana

Baba Çocuk İlişkileri (Romantic Relationships, Marriage and

Parent-Child Communication) Nobel yayınları, Ankara.

Guney, S. (2012). "Mental Health, Trauma and Trauma Related Disorders", Essential Notes in Psychiatry, Dr. Victor Olisah (Ed.), ISBN: 978-953-51-0574-9, InTech, Available from: http://www.intechopen.com/books/essential-notes-in-psychiatry/mental-health-trauma-and-trauma-related-disorders

Articles Published Indexed Journals

Guney, S. (in press) The trauma focused CBT group therapy applications with Turkish Veterans Diagnosed as Chronic PTSD

Guney, **S.** (in press) The Contextual Modular Group Therapy of Turkish University Students,

- **Guney, S.** (in press) The group positive psychotherapy applications in Turkey,
- **Guney, S. (2012)** Travma ve krize ilişkin bir gözden geçirme: yöntemler ve farklılıklar (A review study on psychological trauma and crisis: techniques and differences) *Therapia*, 3, 5 17.
- **Guney, S. (2012)** Borderline danışanlara krize müdahale (crisis intervention for borderline cases), *Therapia*, 4, 37 43.
- **Guney, S. (2011)** The Positive Psychotherapy Inventory (PPTI): Reliability and Validity Study in Turkish Population, Procedia Social and Behavioral Sciences, 29, 81 86.
- **Guney, S. (2011)** Perceived Trauma and the Strengthspotting in Turkish Population ,Procedia

 Social and Behavioral Sciences 29 (2011) 75 80
- **Guney, S. (2011)** The Strengthspotting Scale: "Reliability and Validity Study in Turkish Population", *Procedia Social and Behavioural Sciences (Elsevier), vol. 12, 126-132.*
- **Guney, S. (2011)** A review study on the marriage and relationship research in Turkey, *Psychology (Psych)*, vol.2, no. 5, 497 - 501
- **Guney, S.** Akca, F. and Gulcilem, S. (2011)" The Interrelation Between Traumatic Life Events and Mental Health in Turkish University Students" *Procedia Social and Behavioural Sciences (Elsevier)*, vol. 12, 122-125.
- Ünal, S., **Guney, S.,** Kartalci, Ş., Reyhani, İ. (2011) "The Post-Traumatic Embitterment

 Disorder Self-Rating Scale (PTED Scale): The Reliability and

 Validity Study in Turkish Population". Dusunen Adam The Journal

 of Psychiatry and Neurological Sciences, 24, 32-37.
- Guney, S., Kalafat, T., Boysan, M. (2010) Dimensions of Mental Health: Life Satisfaction,

- Anxiety and Depression: A Preventive Mental Health Study in Ankara University Students Population, *Procedia Social and Behavioural Sciences (Elsevier)*, Vol. 2, issue 2, 1210-1213.
- **Guney, S.** (2008) "A metaanalitic study on Marriage and Relationship Research in Turkey: A preliminary report", The Journal of Australian Psychology, Vol.60: Combined Abstracts of APS Conferences, September.
- Guney, S. (2007) Crisis Management in Schools of Turkey: Theory and Practice, in the abstract book of 1st European Positive Psychology Conference, CAPP, University of Warwick, Birmingham, United Kingdom, 18-20 April.
- Sayıl I., Saynur C., Akdur R., Öztürk-Kılıç E., Uslu R., Devrimci H., Öncü B., Doğan S. Koçak O.M., Kendi M., Aldemir S., Çelik S., Öztop D., Yalçın A., Yılmaz A., **Guney S.** (2000) "Protective Intervention Study on the Families suffered from Marmara Earthquake" *Kriz Dergisi*, volume 9-1
- **Guney S.** (1999) "The two clients suffering from domestic violence at two different culture" 6th

 European Conference on Traumatic Stress, Congress Statement,

 June 5-8, İstanbul
- **Guney S**., Macnab F.A., Sayıl I., Brown C., et.all (1998) "A study on the charactheristics of people applying each of the organisations in two different countries for psychological assistance" *34th National Psychiatry Congress*, Poster session., October 29 November 3, Çeşme İzmir
- **Guney S.**, Macnab F.A., Sayıl I., Brown C., et.all (1997) "A cross-cultural study of situational crisis and traumatic life events" The *Victorian State Newsletter*, September , Victoria-Australia
- Sayıl I., Palabıyıkoğlu R., Berksun O.E., Oral A., **Guney S.,** et. all (1996) "A multi-central study on suicide attempts in Turkey" *Kriz Dergisi*, 4/7, 436-443

- Berksun O.E., Sayıl I., Dilbaz N., **Guney S**., Oral A., Özden A. (1995) "Depression and hopelessness in suicide attempts" The abstract book of *XV. World Congress of Social Psychiatry Science and Humanism: Conflict and Complimentarity*, Rome, Italy, September 1-5.
- Sayıl I., Oral A., **Guney S**., Ayhan O. (1995) Suicide attempts: cry for help!" the abstract book of *XVIII. International IASP Congress* Venice, 4-8 June.
- Palabıyıkoğlu R., Berksun O.E., **Guney S**. et all. (1995) "The evaluation of the applications to Crisis Intervention Center of Ankara University: demographiological charactheristics", *Kriz Dergisi*, volume 3/2, Spring-Fall.
- Sayıl I., Dilbaz N., Bayam G., Holat H., Berksun O.E., **Guney S**. (1995) "The relability and validity of suicidal intention scale" *Psychology, Psychiatry (3P)*, 4/2, 364-370
- Sayıl I., Berksun O.E., Oral A., **Guney, S.**, Büyükçelik D., Duran A. (1995) "Suicide attempts: cry for help" *Kriz Dergisi*, 3(1-2) Spring-Fall, 243-245.
- **Guney S.** (1993) "The relation between the coping strategies of depressed/unhappy children and the levels of depression" *Kriz Dergisi*, 1/3 150-157
- Sayıl I., Oral A., **Guney S**., Ayhan N., Ayhan O., Devrimci H. (1993) "A study on suicide attempts in Ankara" *Kriz Dergisi*, 1/2 56-64
- With all the staff of Crisis Intervention Center of Ankara University, <u>Guney S.</u> (1993) "The informative symposium for guidance school (college) teachers: Evaluation" *Kriz Dergisi*, 1/3, fall Ankara
- **Guney S**. (1992) Coping strategies of children with sadness/unhappiness and their relationship with levels of childhood depression. *Master Thesis*, Middle East Technical University Psychology Department, Clinical/Applied

Psychology Branch. The thesis was distributed to all university libraries in Turkey.

Sayıl I., Oral A., **Güney S.,** Ayhan N., Ayhan O., Devrimci H. (1990) "Suicide attempts in Ankara" *Crisis (Special)*, 1/3, 36-44.

Okyayuz Ü., Ünlüoğlu G., Işıkman E., Kurtman C., Erten M., Erhan R., **Güney S**.(1990)

"Psychological dimensions of the patients suffering from cancer"

The Abstract Book of 26th National Psychiatry and Neurological Sciences Congress, 9 Eylül University Faculty of Medicine, Psychiatry, volume 2, page 561-572, November 1-4 İzmir.

Okyayuz Ü., Ünlüoğlu G., Işıkman E., Kurtman C., Erten M., Erhan R., **Güney S.**(1990) "The effect of the differences between the pre-post test in the recovery process of psychosomatic patients" The *Abstract Book of26th National Psychiatry and Neurological Sciences Congress*, 9 Eylül University Faculty of Medicine, Psychiatry volume 2, page 489-492, November 1-4, İzmir.

Educational Background

Universities/Institutes

Degree
Years

The CairnMillar Institute
-The Certificate in Trauma
1997-1998

Higher Education Provider
Cricos Provider No: 02781 E
Melbourne-Australia
http://www.cairnmillar.org.au/

Counselling

Middle East Technical University

Master of Art&Science

1988-1991

Social Sciences Institute Clinical/

MS in Clinical/Applied Psych.

Applied Psychology Branch

Ankara – Turkiye

Middle East Technical University

BA – English Level

1987-1988

Preparatory School for Foreign

Languages(Prerequisite for Master

Of Sciences at METU)

Ankara - Turkiye

Ege University, BS; Bachelor of Art& 1982-1986

Faculty of Literature, Science

Department of Psychology

Izmir - Turkiye

Professional Awards

- Fellowship from Cairnmillar Institute, Melbourne-Australia
- The Scientific and Technological Research Council of Turkey (TÜBİTAK)
 "A metaanalitical study on Marriage and Relationship Research in Turkey: A preliminary report" September 2008, BIDEP, TUBITAK
- Meta-Analysis, Certificate of Online Course, Arlington, USA, Jan 2010

Professional Associations

- **The Turkish Psychological Association** member since 1988and as a secondary executive board member for 2000-2004 and for 2004-2006 period
- The Australian Psychological Society, member, since november 2006
- Turkish Association for Cognitive and Behavioral Psychotherapies member since 1995 (with International Association of Cognitive Therapy)
- International Positive Psychology Association (IPPA), USA, charter member
- Center of Applied Positive Psychology (CAPP), United Kingdom, founding member
- Crisis and Prevention of Suicide Association, Turkey, member, 1999
- International Society For Traumatic Stress Studies (ISTSS) USA, member

<u>Professional Background</u>

Organisations	Positions&Duties	Years
The Rectorate of Ankara	Specialist;Academic Staff	Feb.2005-Onwards
University	Psychological Counselling	
Ankara-Türkiye	and Guidance Unit of Faculty	
	of Educational Sciences	
The Rectorate of Ankara	Specialist;Academic Staff	June 2004- Feb. 2005
University	Crisis Intervention Center of	
Ankara-Turkiye	Ankara University	
The Rectorate of Ankara	Specialist;Academic Staff	August 2002-June 2004
University	Crisis Intervention Center&	
Ankara-Türkiye	Psychiatry Department	
	(Adolescent)	
The Rectorate of Ankara	Specialist;Academic Staff	May 2001-Aug. 2002
University	Crisis Intervention Center of	
Ankara –Turkiye	Ankara University	
The Rectorate of Ankara	Specialist: Academia Staff	Nov. 1000 - Mov. 2001
	Specialist; Academic Staff Crisis Intervention Center&	Nov.1999 – May 2001
University Ankara-Turkiye	Psychiatry Department	
Alikala-Tulkiye	(Psychosis&Adult)	
	(FSychosisaAddit)	
The Rectorate of Ankara	Specialist;Academic Staff	Feb.1998-Nov.1999
University	Crisis Intervention Center	
Ankara-Turkiye	of Ankara University	
The Rectorate of Ankara	Specialist as an International	Jan. 1997- Feb 1998

University Placement Granted by

Ankara-Turkiye **2547/39** Law of Turkish Universities

at the CairnMillar Institute

Melbourne/Australia

The Rectorate of Ankara Specialist; Academic Staff Feb. 1993 - Jan. 1997

University Crisis Intervention Center of

Ankara – Turkiye Ankara University

------ Psychologist-No Salary 1989 – 1993(Part time;

Ankara- Turkiye Crisis Intervention Center of 2 days per week)

Ankara University

Sincan Municipality Public Relations Coordinator 1991-1993 (Part time;

Ankara – Turkiye **Public Relations Consultant** 3 days per week)

(as 657 Turkish Gov. Law)

------ Psychologist - No Salary 1989 – 1990

Ankara – Turkiye Crisis Intervention Center of (Full time)

Ankara University

Aegean University Research Assistant in the 1986-June 1987

Psychology Department Project Supported by Research

Izmir – Turkiye Council of **Ege University**

Congress Attended in Foreign Countries

Guney, S. (2011) The Contextual Modular Group Therapy of Turkish University Students, 46th **APS** Annual Conference, **poster**, 4 – 8 October, Canberra - Australia.

Guney, S. (2011) The group positive psychotherapy applications in Turkey, 46th APS Annual

- Conference, **oral presentation**, 4 8 October, Canberra Australia.
- Guney, S. (2010) International Conference on Applied Psychology, International

 Ambassador of the Conference, on 11 16 July, Melbourne –

 Australia.
- **Güney, S.**(2009) "The efficacy of Couple Therapies on Psychopathology and Relationship Distress: A Meta-analytical Study" **Paper Presentation**, 44. APS Annual Conference, Darwin, NT, **Australia**, 30 Sep-4 Oct.
- **Güney, S.** (2009) "Mental Health and Positive Psychology: Life Satisfaction of Turkish University Students" First World Congress On Positive Psychology, **poster**, **IPPA**, Pennsylvania, **USA** 18-21 June.
- Güney, S. (2009) "Positive Psychology, Suicide Attempts and Contextual Modular Therapy"
 Sözel Bildiri, 2nd Applied Positive Psychology Conference, Creating
 Flourishing and Communities, CAPP, Birmingham University, Coventry,
 United Kingdom, 1-3 April.
- **Güney, S.**(2008) "A metaanalitical study on Marriage and Relationship Research in Turkey: A preliminary report" Individual Paper Presentation, 43rd Annual Conference of APS, Hobart, Tasmania, 23-27 September.
- Güney, S. (2007) Crisis Management in Schools of Turkey: Theory and Practice, Paper Presenter, Delegate participant, University of Warwick, Birmingham, United Kingdom, 18-20 April
- **Güney, S.** (2006) 5th International Positive Psychology Summit, **Participant,** 5-7 October , **Washington DC, USA**
- Guney S. (2005) "A Review on the Examination Anxiety of Turkish Primary School Children" paper presentation in the Annual Conference of NAEYC, Washington, DC, December 7-10.

- Guney S., Macnab F.A., Sayıl I., Brown C., et.all (1997) "A cross-cultural study of situational crisis and traumatic life events" at the 1997 Annual Conference for the Victorian Branch of Australian Psychological Society, Monarsh University (The study was presented as conference session by Guney, S), Melbourne Australia, September.
- Speeches (Congress/Conferences & Public) in Native Country
- **Guney, S.** (2011) The Positive Psychotherapy Inventory (PPTI): Reliability and Validity Study in Turkish Population, **oral presentation**, ICEEPSY, Lutfu Kirdar Convention Center, 19 22, Istanbul Turkey.
- **Guney, S.** (2011) Perceived Trauma and the Strengthspotting in Turkish Population, paper presentation, ICEEPSY, Lutfu Kirdar Convention Center, 19 22 October, Istanbul Turkey.
- Guney, S. (2010) The Strengthspotting Scale: "Reliability and Validity Study in Turkish

 Population", International Conference on Educational and
 Educational Psychology, Paper Presentation, 2-5 December,

 Cyprus
- **Guney, S.** Akca, F. and Gulcilem, S. (2010)" The Interrelation Between Traumatic Life Events and Mental Health in Turkish University Students", International Conference on Education and Educational psychology, **Paper**Presentation, 2-5 December, Cyprus
- Ünal, S., **Guney, S.,** Kartalci, Ş., Reyhani, İ. (2010) "The Post-Traumatic Embitterment Disorder Self-Rating Scale (PTED Scale): The Reliability and Validity Study in Turkish Population" **Paper Presentation**, World Conference on Psychology, Counselling and Guidance, Antalya, Turkey, 21-25 April.
- Guney, S., Kalafat, T. ve Boysan, M. (2010) "Dimensions of Mental Health: Life Satisfaction,

Anxiety, Depression: A Preventive Mental Health Study in Ankara University Student Population" Sözel Bildiri, World Conference on Educational Sciences(WCES), Bahçeşehir University, İstanbul, Türkiye, 04-08 February.

- Guney, S. (2009) "The Relationship Between Levels of Anxiety and Depression and Marital Satisfaction", Paper Presentation, V. National Family and Marital Therapies Congress, Istanbul Technical University, Maslak,13-15 March, İstanbul. The abstract can be read on www.aetd.org
- Guney, S. (2009) "Sexual Abuse, Obsesive Thinking Style, The Contextual Modular Therapy: A Case Study, Paper Presentation, I. Clinical Psychology Symposium- The symposium of Obsesive Compulsive Disorder, Middle East Technical University(METU), 10-12 March, Ankara, Turkey.
- Guney S. (2007) "Marital Satisfaction Index: An Adaptation Study", Paper Presenter, IV.

 National Family and Marriage Therapies Congress, Bogaziçi

 University, İstanbul Turkey 16-18 March, the abstract is on www.aetd.org.
- **Guney S.** (2007) "Communication with our children" OR-AN Rotary, EV-KA Project, Mamak-Ankara.
- **Guney S.** (2006) "Stress" Bilkent Rotary Club, Ankara Turkey
- Sayıl, I., Guney S. (2006) "Crisis Management Strategies in Schools" Panelist, The Conference by National Education Ministry, Ankara Turkey.
- Guney S. (2006) "Stres" Metropolitan Rotaract Club, Neva Palas, Ankara Turkey
- **Guney S.** (2005) "The Definition of Psychotherapy : A focused and Integrated therapy method:

 The Contexual Modular Therapy" II. *Prof. Dr. Işık Savaşır Clinical*

- Psychology Symposium, presented as conference session, METU, Ankara, Turkey, April 22-24,
- Guney S. (2005) "The anxiety on National Entery Exam to Turkish Universities" for the high school students at the Public Education and Trainning Center of Mamak/Ankara-Turkey.
- Guney S. (2005) "The anxiety on National Entery Exam to Turkish Universities" for the high school students at the Mimar Sinan High School of Demetevler/Ankara-Turkey.
- **Guney S.** (2005) "Stress: An inevitable consequence of modern life" for the members of Turkish American Association at the conferance hall of **Turkish American Association of Ankara-Turkey.**
- Guney S. (2005) "Stress: An inevitable consequence of modern life" for the members of OR-An Rotary Club at the conference hall of Dedeman Hotel in Ankara-Turkey.
- Guney S. (2000) "The Large Group Experiences with Older People: Theory and Practice" in the name of Dr. Francis Macnab (CairnMillar Institute) at the Annual Group Psychotherapies Congress May 29-31, Asclepion, BERGAMA (Pergamon)- Turkey.
- **Guney S.** (1998) "An Informative Seminar on Crisis Intervention Center" to the Counsellor and Guidance Teachers of Turkish Education Association (TEA) High School, at the Conference Hall of TEA, Ankara-Turkey.
- **Guney S.** (1996) "Crisis Events and Crisis Intervention to the Youth" to the Counsellor and Guidance Teachers of Turkish Education Association (TEA) High School, at the Crisis Intervention Center, Ankara-Turkey.
- **Guney S.** (1994) "Adjustment to University Life: Introduction of Crisis Intervention Center of Ankara University" to the university students at the conference hall

of Law Faculty of Ankara University, Cebeci Campus, Ankara-Turkey.

Guney S. (1990) "Psychological Well-Being and Crisis Intervention Center of Ankara
University" to the university students at the conference hall of
Faculty of Political Sciences, Ankara University Cebeci
Campus, Ankara-Turkey.

Guney S. (1990) "The Psychological Well-Being and Crisis Intervention Center of Ankara

University" to the university students at the conference hall of Law

Faculty of Ankara University, Cebeci Campus, Ankara-Turkey.

Memberships for Private Organisations and Hobbies

- International Friendship Force (Atlanta USA); Exchange director of October 2-16
 2004 Exchange Program to South Oregon Washington State USA
 Exchange Director of Gwanjgu-Korea –Ankara-Turkey Exchange in April 2007
- Turkish-American Association (Ankara- TURKEY USA)

Hobbies;

- Swiming, and Tennis